

Calling New Charities Challenge Race Event Workers (CCREW) to improve your running or race walking steps as you...
Step Up to Volunteering in support of others' RxExercise & Racing Experiences...and earn CCREWARDS!

As someone experienced in road racing and/or track, you've been served by lots of volunteers and officials who have a passion for helping others to be active in athletics. **Are you ready to step up from participant to volunteer supporter of others' athletic efforts?**

Here is a list of CC Events Race Day Departments that you can actively support as a CCREW Member:

- 1. Course & Finish Line Set Up**
- 2. Registration & Reception**
- 3. Shirts Distribution**
- 4. Food & Beverage Management**
- 5. Announcing/Music DJ**
- 6. Photography**
- 7. Timing/Scoring**
- 8. Finish Line & Course Marshaling**
- 9. Post-race Tear Down & Clean Up**

Nearly all CC Events have a total time commitment on race day of about 4 hours maximum.

And, once you learn how to help deliver ever-growing CC Events, your value to other events as a race event worker/manager increases, with even more rewards and perhaps compensation.

CC can help you make volunteering very rewarding to your own training & racing.

And, for some CCREW interested in learning special race event management skills and responsibilities (i.e. timing/scoring, registration & reception services and/or course management, etc.) **to earn additional \$ income as a race event department manager.** CC Events have grown to where dependable event department managers will be compensated.

For many of us athletes and exercisers, personal financial challenges in the continuing economic climate has become a bigger barrier to exercise than even injuries or illness. I know individuals who are cutting back on exercise because they need to focus their time and finances on other demands.

Charities Challenge is helping financially challenged individuals to stay actively engaged in motivating road race and track events via our CC Race Event Workers (CCREW) Rewards Program - CCREWARDS.

CC's CCREWARDS Program is helping athletes to turn race volunteering into:

- 1. Complimentary race entries**
- 2. Athletic Shoes, Clothing & Gear** (i.e. **New Balance**, Training/Racing clothes, **Polar Heart Rate Monitors**, etc)

3. **CC Run/Walk Club Memberships** with added benefits including Coaching and Training Programs.
4. **CCREW Member Social Times & Parties** (including CCREW post-race gatherings) helpful to **social networking**
5. **CC's RxExercise Ambassador Traveling Team Member fundraising credits** for expenses-paid travel to Great Ambassador Destination Events in 2010 to places like California, Florida, Hawaii and beyond.

Do you know others who are currently struggling to stay actively engaged in road racing and motivated to keep exercising because of financial challenges? Spread this CCREW invitation to those family & friends to join you as CCREW Members.

1st Come – 1st Serving & Served!

RSVP today, by e-mail or phone to join our CCREW.

Please indicate when applying to join our CCREW:

1. **Which CC Events you want to work (see CC web site for schedule of CC Events)**
2. **What CCREW duties you're most interested in working**
3. **Which CCREWARDS are most valued by you**
4. **When you're ready to step up to compensated race event departments and management positions**

Below is your ongoing CCREW invitation you may also send to family & friends, perhaps even via Facebook:

Join me in becoming a Charities Challenge Race Event Worker (CCREW Member), helping to deliver great road racing and track events in the Twin Cities.

Because "Exercise is Medicine" and because "There is *NO CURE* for all the ills associated with lack of exercise", CCREW volunteers deliver improved health, and even improved relationships, to thousands of others via enlivening race events.

Enjoy the online photos slideshows/music memories highlighting the 6 years of fun and significant-to-RxExercise contributions of CCREW volunteering from 2003 to 2008 at [Click here: Charities Challenge Race Events Workers \(CCREW\) Volunteers](#)

Nearly 100 CCREW Members since 2003 have helped support tens of thousands of others as they celebrate the irreplaceable benefits of their own RxExercise training in both Charities Challenge Signature Events and CC's Active Partner Events constituting the best of Twin Cities Area Road Races and Athletic Events.

And, CC's CCREWARDS Program offers to turn our race volunteering into:

1. Complimentary race entries
2. Athletic Shoes, Clothing & Gear (i.e. New Balance, Training/Racing clothes, Polar Heart Rate Monitors, etc)

- 3. CC Run/Walk Club Memberships with added benefits including Coaching and Training Programs.**
- 4. CCREW Member Social Times & Parties (including CCREW post-race gatherings) helpful to social & business networking.**
- 5. CC's RxExercise Ambassador Traveling Team Member fundraising credits for expenses-paid travel to Great Ambassador Destination Events in 2010.**

**Join me in becoming a CCREW Member because...
CCREW Members make a difference!**