

Challenge Diabetes 5K All-time Division Records

After 4 Editions of the Challenge Diabetes 5k

8 New CD5k Records Set on July 11, 2009 @ Como Lake, St. Paul, MN

USATF Certified Course MN-05030-RR

For more info @ course go to <http://www.usatfmn.org/racewalk/courses/comolake/index.html>

Men:

Overall

	Finish Time	Year
Dan Steinbrecher, 21, St Paul, MN	16:18	2007

(Old Record: Ryan Rapacz, 27, St. Paul, MN 17:11 2006)

Men under age 11

Nathaniel Blichfeldt, 10, Savage, MN 25:28 2009

(Old Record: Quin Kuechenmeister, 9, Golden, CO 27:43 2007)

Men 11-12

Aaron Schmidt, 11, Vadnais Hts, MN 23:01 2009

(Old Record: James Quirk, 11, Woodbury, MN 24:00 2008)

Men 13-14

Caleb Nesser, 14, Loretto, MN 37:43 2009

Men15-16

Chris Mueller, 15, Eden Prairie, MN 17:33 2007 & All-Challenge Events Record

Men 17-18

Mitchell Aase, 17, Sycamore, IL 17:59 2009

(Old Record: Ian Campbell, 18, Blooming Prairie, MN 18:08 2007)

Men Open

Dan Steinbrecher	21 M	St Paul	MN	16:18	2007
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M35

Todd McCallum, 36, Sioux Falls, SD 19:12 2008

M40

Robert Economy, 43, Victory, MN 17:14 2007 & All-Challenge Events Record

M45

Rick Peterson, 48, Maple Grove, MN 19:34 2006

M50

Bruce Dockter, 52, Brooklyn Park, MN 19:38 2009

(Old Record: Dick Salvatore, 52, Shoreview, MN 21:09 2008)

M55

Tom Literski, 59, Champlin, MN M60	22:40	2006
William Brown, 60, Shoreview, MN M65	24:20	2007
Don Wright, 65, Lake Elmo, MN M70	22:11	2006
Dale Urbain, 72, Bloomington, MN M75	23:50	2006
Bill Kennedy, 78, Riverside, CA M80 and above	29:15	2009

Women Overall:

Joyce Bourassa, 38, Lakeville, MN 18:49 2006

Women under age 11

Miranda Olson, 9, Brooklyn Center, MN 59:40 2009

Women 11-12

Bailey Kuechenmeister, 11, Golden, CO 25:56 2007 & All-Challenge Events Record

Women 13-14

Anne Arnason, 14, Edina, MN 24:43 2009

(Old Record: Elizabeth Gregory, 13, Mahtomedi, MN 25:55 2008)

Women 15-16

Lauren Bleyl, 16, Woodbury, MN 20:37 2007 & All-Challenge Events Record

Women 17-18

Lauren Harden, 17, New Brighton, MN 26:18 2008

Women Open

Joyce Bourassa, 38, Lakeville, MN 18:49 2006

W35

Joyce Bourassa, 38, Lakeville, MN 18:49 2006

W40

Polly Kurtz, 43, Greeley, CO 23:45 2008

(Old Record: Jill Baumer, 40, Chanhassen, MN 24:26 2006)

W45

Sue Wurl, 49, St Paul, MN 22:59 2008

(Old Record: Kathy Haubrich, 46, Shakopee, MN 26:11 2006)

W50

Kristi Larson, 50, Brooklyn Park, MN 21:16 2008

(Old Record: Karen Crew, 50, Minneapolis, MN 24:28 2007)

W55

Rosanne Higley, 55, Small Meadow, CA 26:53 2006

W60

Marien Bradsher, 60, Saint Paul, MN 26:42 2006

W65

Doris Urbain, 68, MN 28:19 2006

W70

Alice Tomsche, 70, Oakdale, MN 38:22 2006

W75

W80 and above

Clydesdale Division

Overall

John Mattson, 35, Brooklyn Park, MN 22:12 2006

Men 40 - 44

Steve Johnson, 40, White Bear Lake, MN 24:45 2006

Men 45 - 49

Peter Graudin, 49, Norwood Young America 26:20 2006

Men 50 - 54

William Wilken, 52, Andover, MN 27:47 2006

Men 55 - 59

Rick Apman, 59, Roseville, MN 52:46 2006

M60-64

M65-69

Thomas O'Shaughnessy, 65, Rochester, MN 43:14 2008

Athena Division

Overall

Julianne Rantala, 38, Forest Lk, MN 28:41 2006

W45-49

Lisa Millam, 47, 30:26 2007

Women 50 - 54

Jeanne DeMartino, 53, Roseville, MN 35:55 2006

Women 55 - 59

Jane Apman, 59, Roseville, MN 50:23 2006

Race Walk Division**M45-49**

Steven Gerber, 45, Delano, MN 40:18 2006

M60-64

Ed Mullaney, 60, New Brighton, MN 37:02 2007

Women 45 - 49

Linda Beduhn, 45, Shorewood, MN 36:01 2006

Women 50 – 54

Anita Macias-Howard, 54, Edina, MN 30:56 2008